

The Heart Hotel

When **Disgust** Checks In



Nel Gamba

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Dedication

For Louie and Ellie,

Papa and Mama love you so much. We hope you grow up healthy in both heart and mind, always knowing just how deeply worthy and loved you are. Embrace exactly who you are, and walk through the world with confidence.

As you discover your incredible worth, our hope is that you grow to understand your emotions—because knowing your own heart will always be your greatest bridge to navigating the big, beautiful world out there.

With all our love, Papa and Mama



This is Louie. On the outside, he looks like a regular boy sitting at the dinner table with his little sister, Ellie, ready to eat a yummy meal. But on the inside, Louie has a very important job. He is the Manager of the Heart Hotel!



The Heart Hotel is where all of Louie's feelings go when they visit. Louie has one Golden Rule for his hotel: Every guest is welcome, every guest gets a room, and nobody stays forever.